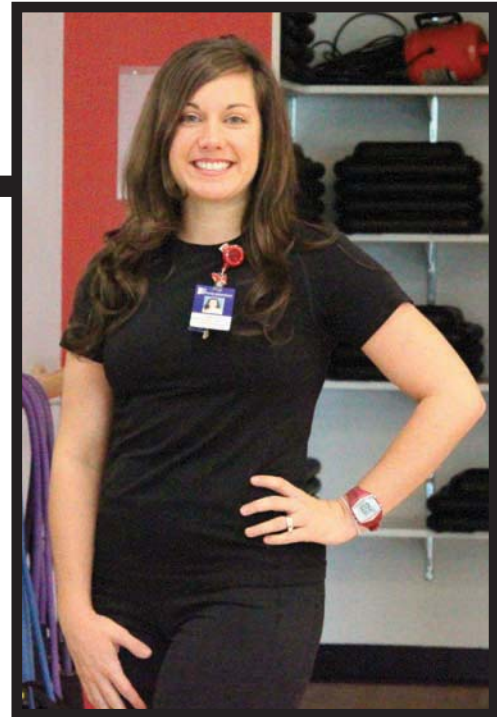


# Personal Trainer

## Katy Bradford



### EDUCATION/CERTIFICATIONS

University of North Texas - Bachelors in Kinesiology  
Cooper Institute Certified Personal Trainer  
Certified Spinning Instructor  
Certified Spin Pilates Level 1 Instructor  
Yoga Level 1 Certified  
Turbo Kickboxing Certified  
BODYPUMP Certified  
CPR and ACLS Certified  
Zumba Certified

### SPECIALTY TRAINING

Clinical Experience in Cardiac and Pulmonary Rehab