

# Personal Trainer

**JENELLE  
VANVALKENBURG**



## **EDUCATION/CERTIFICATIONS**

Bachelor of Science in Kinesiology,  
Sports Management

American College of Sports Medicine Exercise  
Physiologist

CPR/AED Certified

## **SPECIALTY TRAINING**

Pregnancy and Exercise

Diabetes and Exercise

Bariatric Surgery and Exercise

## **ACCOMPLISHMENTS**

Seasoned Runner of Full and Half  
Marathons

Over 6 Years Experience in Fitness  
Industry

Avid Outdoor Enthusiast