



Classically Fit					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 a.m.	Water Aerobics		Water Aerobics		Water Aerobics
9:00 a.m.		Strength and Flexibility		Strength and Flexibility	
12:00 p.m.	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics
5:30 p.m.	Water Aerobics	Water Aerobics		Water Aerobics	

***Water aerobics is \$2 per session for ClassiCare members.**

For more information on how you may join ClassiCare and the benefits received, please call (903) 323-6535.