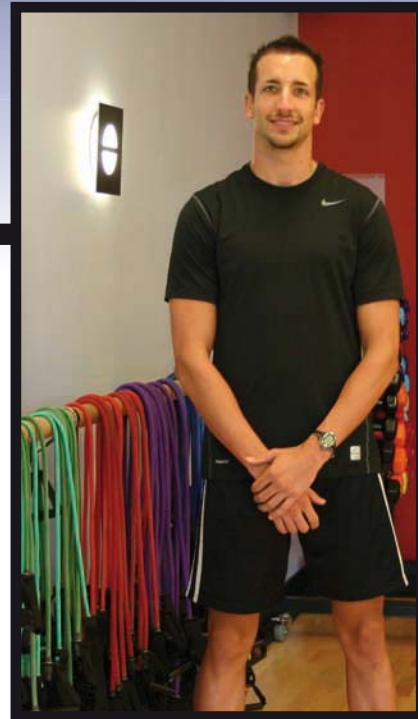


# Personal Trainer

## Bryce Fluker



### EDUCATION/CERTIFICATIONS

BS in Exercise & Sports Science (Health & Exercise Promotion tract) - Texas Tech University  
Spanish Minor  
Red Cross Lifeguarding for the Professional Rescuer  
Red Cross CPR/AED/First Aid for the Professional Rescuer  
Red Cross CPR/AED/First Aid/Oxygen Administration Instructor  
Red Cross Community and Business CPR/AED/First Aid Instructor  
Red Cross Lifeguard Instructor  
Red Cross Water Safety Instructor  
American Heart Association Basic Life Support for Healthcare Providers

### ACCOMPLISHMENTS

Texas Tech Triathlon Team 2009  
Texas Tech Collegiate Nationals Team Qualifier 2009  
Sport Clubs Federation Academic Honor Roll 2009  
River Cities Triathlon 2009 - 3rd in age group, 42nd/1022  
Jefferson Heritage Triathlon 2009 - 1st in age group, 11th/172  
Sunrise Series #3 Triathlon 2009 - 1st in age group, 7th/  
Assisted two people in training for their first triathlon  
Navy SEAL Fitness Challenge 2009 Medalist  
Brazilian Jiu-Jitsu Blue Belt  
Firecracker 5K 2009 14th / 2850  
AlleyRun 5K 2009 2nd place

### SPECIALTY TRAINING

Swimming  
Running  
Bicycling  
Sport Specific Training  
Brazilian Jiu-Jitsu